



Litteraturliste til evaluering del I og II i muskuloskeletal terapi (MT)

Sidst redigeret i oktober 2006 af Hans Kromann Knudsen og Per Kjær

Indledning

Litteraturen er opdelt i to hovedgrupper, *obligatorisk* og *supplerende*. Den obligatoriske litteratur består af *basis* og *reference* litteratur. *Basis* beskæftiger sig med både det teoretiske grundlag og den praktiske udførelse af de teknikker og emner som er indeholdt i MT kurserne. *Reference* uddyber den teoretiske baggrund for praksis og den evidens, der ligger bag.

Den *supplerende* litteratur eller sekundære omfatter emner som uddyber eller perspektiverer emner i MT. I denne gruppe ligger også *grunduddannelsens* litteratur og grundlæggende teori for fysioterapi.

Der forventes indgående kendskab til den *obligatoriske* litteratur og eksaminanden skal kunne gøre rede for anvendte behandlingsteknikker og metoder både i relation til patientens problemstillinger, og det teoretiske grundlag fra litteraturen. Ligeledes forventes at eksaminanden kan anvende viden fra fysioterapeutuddannelsens fagdiscipliner i argumentation for praksis.

Litteraturlisten er omfattende og fordi viden udvikles hastigt forventes det at eksaminanden kender den litteratur som ligger til grund for MT gruppens kurser trin I og II (se derfor arbejdsmappen og de litteraturlister som udleveres på kurserne).

Denne liste er gældende til og med MT eksamen maj 2007.

Oversigt over litteratur inddeling

Litteratur oversigten til Diplom-evaluering i Muskuloskeletal terapi (MT) del 1 + 2 er opbygget efter følgende skabelon:

Obligatorisk litteratur

Basis

Litteratur som danner teoretisk fundament for anvendelse af MT konceptet og betragtes som er et minimum for at kunne tilegne sig kundskaber og færdigheder i anvendelse af konceptet.

Reference

Litteratur som understøtter undersøgelses- og behandlingsrationalet bag MT konceptet og den praktiske udførelse af undersøgelse og behandling. Referencer tager udgangspunkt i forskning og udvikling i faget og danner evidens for de anvendte metoder. Det forventes at disse referencer kan anvendes som argumentation for den anvendte praksis.

Supplerende litteratur

Uddybende

Litteratur som uddyber, diskuterer eller perspektiverer elementer i MT konceptet.

Grunduddannelse

Litteratur præsenteret på grunduddannelsen som forventes present på anvendelsesniveau, som f.eks. anatomi, fysiologi og træningslære, viden om lidelser med konsekvenser for det muskuloskeletale system (neurologi,



reumatologi, ortopædi, patologi, fysiologi, smerte mm.), træningseffekt på forskellige typer væv, aldring, heling mm.

Litteraturoversigten er opbygget ovennævnte skabelon og underinddelt i emner og regioner.

Obligatorisk litteratur

Basis

Undersøgelse og behandling

Maitland G.D. Hengeveld E., Banks K., English K.	2005	Maitland's Vertebral Manipulation	Butterworth - Heinemann. 7.udg.
Maitland G.D. Hengeveld E, Banks K.	2005	Maitland's Peripheral Manipulation	Butterworth – Heinemann. 4.udg.
Hartman, L.	1998	Handbook of Osteopathic Technique	Nelson Thornes
Lederman, E	2005	The Science and Practice of Manuel Therapy	Churchill Livingstone, 2 udg. Kap. 1 – 8, 10, 11, 15, 17, 1823
Sue Greenhalgh, James Selfe	2006	RED FLAGS A guide to identifying serious pathology of the spine	Elsevier
Margarey M. E	2002	Examination of the cervical and	ch. 7 in Physical Therapy of the cervical and thoracic spine. Ed by Ruth Grant Churchill Livingstone
Butler D.S.	2002	Upper Limb Neuro Dynamic Test Clinical use in the "big picture" frame work	ch. 11 in Physical Therapy of the cervical and thoracic spine. Ed by Ruth Grant Churchill Livingstone

Klinisk ræsonnering

Jones, M. Rivett, DA.	2004	Clinical Reasoning for manual therapists	Butterworth - Heinemann, Kap. 1
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Smerte



Gifford, L.	1999	Topical Issues in Pain 1	NOI Press Kap. 2, 3, 4, 5,7,8.
Pitt-Brooke J et al.	1998	Rehabilitation of movement Theoretical basis of clinical practise	W.B. Saunders Kap. 4 , 5 & 9
Jensen TS, Dahl JB, Arendt-Nielsen L.	2003	Smerter – en lærebog	FADL´s forlag
Butler, David Gifford, Louis	1998	Integrering av smertevitenskap i klinisk praksis.	Fysioterapeuten nr. 9.
	1994	Referred Pain and other Clinical Features	Greg. Grieve: Modern Manual Therapy, 2. udgave



Træning

Richardson C. Hodges P. Hides J.	2004	Therapeutic Exercise for Lumbopelvic Stabilization: A Motor Control Approach for the Treatment and Prevention of Low Back Pain	Churchill Livingstone 2. udg
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Teori

Bogduk N.	2005	Clinical anatomy of the lumbar spine and sacrum.	Churchill Livingstone 4. udg
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Adams M., Bogduk N. Dolan P.	2002	The Biomechanics of Back pain	Churchill Livingstone 2. udg
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Kapandji, IA	1987	The physiology of the joints part 1, 2 and 3	Churchill Livingstone
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Kapandji, IA	2007	The physiology of the joints (ny udgave formentlig på vej)	Churchill Livingstone
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Case rapport

Albert, H. Lund, H m.fl.	2005	Case rapport En grundbog i praksisformidling	Munksgaard Danmark
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Reference litteratur

Rationale for Manuel Terapi

Bendix, T	2001	Ondt i ryggen,	Ugeskrift for læger.10.september
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Lindahl M.	2001	Kvalitet i rygbehandling. Patientens perpektiv.	Nyt om forskning 2
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Undersøgelse og behandling

Faggruppen for Manuel Terapi	1999	Arbejdskompendium.	
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Skjærbæk, Inger	1997	Maitland Conceptet.	MT – Nyt nr. 1 s.1 - 15
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Butler, David S.	2000	The Sensitive Nervous System	NOI group Publications Adelaide, Australia
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Elkjær, Arne	1999	Specifik ledmobilisering	MT – Nyt nr. 1
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Banks, Kevin	1998	Passive Techniques : A review of their use in clinical practice.	Rehabilitation of movement. Ed. Judith – Brooke et al. W.B. Saunders Kap. 9
Grant, Ruth	1994	Physical Therapy of the Cervical and Thoracic Spine	Churchill Livingstone. 2. Udg. Kap. 3, 5, 7, 15, 16, 18
Guldager, A	2004	Pligt til at føre journal.	Fysioterapeuten nr. 8
Hovmand, Bente	1997	Journalføring.	Danske Fysioterapeuter nr.1.
Klinisk ræsonnering			
Knudsen, Hans K.	1997	Klinisk ræsonnering og beslutning i Manuel Terapi.	MT – Nyt nr. 2.
Smerte			
Skjærbæk, Inger	2000	Den embryologiske udviklings betydning for fortolkningen af meddelte smerter.	MT – Nyt nr. 3, s. 3 – 11.
Stæhelin Jensen T., Bach FW.	1997	Fra akut til kronisk smerte. Neurobiologiske aspekter	Ugeskr. Læger 159 no.18, s 2675-2679
Graven-Nielsen, T	2002	Peipheral and Central Sensitization in Muskuloskeletal pain disorders.	Curr. Rheum. Reports. 4:313-321.
Shacklock, MO	1999	A new horizon in manual therapy.	Aust. Jour. of Physiotherapy, vol. 45. no. 2
Træning			
Jull, Gwendolyn	1995	Muscle control-pain control. What exercises would you prescribe ? (Originalen til Birte Carstensen's artikel)	Manual Therapy Nov. no. 1 Churchill Livingstone.
Magnusson, Peter	1998	Biomekaniske reaktioner på gentagne	Nyt om Forskning



Simonsen, EB
Aagaard, P.
Kjær, M

udspændinger af human hasemusculatur
in vivi. nr. 1 : 3-8

Carstensen, Birte	1996	Muskelkontrol-smertekontrol, øvelser vil du foreslå ? (oversættelse efter Richardson et Jull)	MT – Nyt nr. 2.
Hayden, JA et al.	2005	Meta analysis: exercise therapy for nonspecific low back pain.	Ann Intern Med. 142(9):765 – 775.
Hayden, JA et al	2005	Exercise therapy for treatment of non-specific low back pain	Cochrane database syst Rev; (3):CD000335

Lumbal columna

Petersen, T	2003	Non-specific Low Back Pain, Classification and treatment,	Lund University Lund 2003 (Phd afhandling)
Hansen, T m. fl.	1996	Lændesmerter.	Ugeskrift for læger ; 158, Suppl. 4
Gibbons,P.	2001	Patient positioning and spinal locking For lumbar spine rotation manipulation.	Manual Therapy vol.6 (3)
Claus Manniche m.fl	1999	Ondt i ryggen: Forekomst, behandling og forebyggelse i et MTV-perspektiv	Statens Institut for Medicinsk Teknologivurdering
Sundhedsstyrelsen	2006	Evaluering af udviklingen på rygområdet i Danmark 1999-2004	Center for Evaluering og Medicinsk Teknologivurdering.
Laslett M, McDonald B, Tropp H, Aprill CN, Oberg B.	2005	Agreement between diagnoses reached by clinical examination and available reference standards: a prospective study of 216 patients with lumbopelvic pain.	BMC Musculoskelet Disord 2005; 6:28.

Links:

www.backpaineurope.org



Pelvis

Lee, Diane	2004	The Pelvic Girdle	Churchill Livingstone 3. udg.
Vleeming, Andre`et al	1997	The role of the sacroiliac joints in coupling between spine, pelvis, legs and arms.	Vleeming, A. et al Movement, Stability & Low Back Pain. Ch. 3, pp. 53 – 71. Churchill Livingstone.
Albert H. Godskesen M	2000	Evaluation of clinical tests used in classification procedures in pregnancy-related pelvic joint pain	European Spine v 9 nr 2, s. 161-166
Albert, H. Godskesen, M.	2001	Prognosis in four syndromes of Pregnancy-related pelvic pain.	Acta Obstet Gynecol Scand. 80: 505 – 510
Van der Wuff, P.	2000	Clinical tests of the sacroiliac joint A systematic methodological review. Part 1: Reliability;	Manual Therapy. 5 (1), 30-36
Van der Wuff P.	2000	Clinical tests of the sacroiliac joint A systematic methodological review. Part 2: Validity	Manual Therapy. 5 (2), 89-96

Laslett M, Aprill CN,
McDonald B, Young SB. Diagnosis of sacroiliac joint pain: validity of individual provocation tests and composites of tests. Man Ther 2005; 10(3):207-218.

Laslett M, Young SB, Aprill CN, McDonald B. Diagnosing painful sacroiliac joints: A validity study of a McKenzie evaluation and sacroiliac provocation tests. Aust J Physiother 2003; 49(2):89-97.

Stuge B, Hilde G, Vollestad N. Physical therapy for pregnancy-related low back and pelvic pain: a systematic review. Acta Obstet Gynecol Scand 2003; 82(11):983-990.

Stuge B, Veierod MB, Laerum E, Vollestad N. The efficacy of a treatment program focusing on specific stabilizing exercises for pelvic girdle pain after pregnancy: a two-year follow-up of a randomized clinical trial. Spine 2004; 29(10):E197-E203.

Stuge B, Laerum E, Kirkesola G, Vollestad N. The efficacy of a treatment program focusing on specific stabilizing exercises for pelvic girdle pain after pregnancy: a randomized controlled trial. Spine 2004; 29(4):351-359.

links:

www.backpaineurope.org



Hofte

Hansen, Torben H. Jensen, Bente	1996	Hoftesmerter	Månedsskrift for praktisk Lægegerning. 1(74):95 – 110
Junker, Peter	1995	Idiopatisk osteoarthrose.	Månedsskrift for praktisk lægegerning 2 : 253 – 262.
Pellecchia, G. Lugo-Larcheveque, N. DeLuca, P.	1996	Differential diagnosis in Physical Therapy. Evaluation of thigh pain in an adolescent boy.	JOSPT 23(1): 51 -55
Brukner/Khan	2000	Clinical Sports Medicin	The McGraw Hill Chap. 20, 21 & 22

Knæ

Hutchson, M.R.	1997	Recurrent Patellofemoral subluxation	The Journal of Manual and Manipulative Therapy Vol. 5
McConnell, Jenny	1996	Management of Patellofemoral problems.	Manual Therapy nr. 1 : 30 – 66
Merchant, A.C.	1991	Patellofemoral Disorders : Biomechanics, Diagnosis and nonoperative Treatment	Operative Arthroscopy Ginty, J.B. ch.18 pp. 261-275
Brukner/Khan	2000	Clinical Sports Medicin	The McGraw Hill Chap. 20, 21 & 22

Fod

Johannsen, Finn	1996	Overbelastningsskader i ankel og fod I	Månedsskrift for praktisk lægegerning nr. 2 : 215-226
Johannsen, Finn	1996	Overbelastningsskader i ankel og fod II	Månedsskrift for praktisk lægegerning nr. 3 : 365-375



Lang, L.M.G. 1997 Static biomechanical evaluation of the foot and lower limb : the Podiatrist Perspective. Manual Therapy nr. 2 : 58-66

Kæbeledet

Carlson, Magnusson 1999 Management of temporomandibular Disorders in the General Dental Practice Quintessence Publishing Co. 1. udg. Ch. 4 – 11.

Fricton, James R 2004 Temporomandibular muscle and joint disorder Pain clinical up date. Volume XII, No. 2 June 2004

Rocabado M. 1995 Treatment of hypermobile joints. MT-nyt 4/95 side 3-6

Rocabado M. 2004 A university student with chronic facial pain. In: Clinical Reasoning for Manual herapists, Kap. 17, red. Jones MA, Rivett DA.

Cervical columna

Saerens, Inger 1999 Synkebesvær Danske Fysioterapeuter nr. 15

Edgelow, Peter 1997 Neurovascular consequences of cumulative Trauma Disorders affecting in Thoracic Outlet. A Patient Centres Treatment Approach. Donatelli, R. : Physical Therapy of the Shoulder. Churchill Livingstone 3. udg. Kap. 6.

Gifford,L. 2001 Acute low cervical nerve root conditions: Symptom presentations and Pathobiological reasoning. Manuel Therapy vol 6 (2)

.Mercer, SR 2001 Joints of the Cervical Vertebral Column. JOSPT, vol.31, no.4

Grant, R. 2002 Physical Therapy of the Cervical and Thoracic Spine. Churchill Livingstone kap.1,2,4,6,7,8,9, 10,13,14,15,18,20.

Antonaci, F. 2001 Cervicogenic Headache: Clinical Presentation, Diagnostic Criteria, and Differential Diagnosis. Current Pain and Headache Reports 5: 387-393.



Biondi, D.	2001	Cervicogenic Headache: Diagnostic Evaluation and Treatment Strategies.	Current Pain and Headache Reports 5: 361-368.
Jull, G.		A Randomized Controlled Trial of Exercise Spine and Manipulative Therapy for Cervicogenic Headache.	vol. 27, no. 17, 1835- 1843.
Torelli, P	2004	Physiotherapy for tension-type headache: a controlled study,	Cephalalgia vol. 24, issue 1,.
Lønneberg, Frank.	2001	Piskesmæld. Epidemiologi, diagnostik og behandling	Ugeskr. f. læger nr. 16.
Sterling, Michele.	2004	A proposed new classification system for whiplash associated disorders – implications for assessment and management.	Manual Therapy 9; 60-70.
Lovell, M.E.	2002	Whiplash disorders - a review.	Injury 33; 91-101.
Gross et al,	2002	Manipulation and mobilisation for mechanical neck disorders,	The Cochrane Library 2002, issue 3 (last 2005 issue3), pp 1-62.
Bronfort et al,	2005	Non-invasive physical treatments for chronic/recurrent headache (review),	The Cochrane Library , 2005, Issue 3 (first publ. 2004, issue 3)
Heikkilä	2004	Cervical Vertigo	ch. 17 in G. Grieve Modern Manual Therapy, 3 th ed.
Rivett, D.A.	2004	The vertebral artery and vertebro-basilar insufficiency	ch. 19 in G. Grieve Modern Manual Therapy, 3 th ed.
Jull, G.A	2004	The cervical spine and headache	ch. 21 in G. Grieve Modern Manual Therapy, 3 th ed.
Thoracal columnna:			
Grant,R	1995	Physical therapy of the cervical and thoracic spine	Churchill Livingstone Kap. 3,5,7,15,16,18.



Giles, LGF	2000	The clinical anatomy and management of Thoracic spine Pain.	Butterworth – Heinemann
Edgelow, PI	2002?	Neurovascular Consequences of Cumulative trauma Disorder. Affecting the Thoracic Outlet: A Patient-Centered treatment Approach. S.153-178 in Physical Therapy of The Shoulder (3. edition) by Robert Donatelli	Churchill Livingstone
Skulder			
Margarey, Mary Jones, Mark	1992	Clinical diagnosis and management of minor shoulder instability.	Australian Physiotherapy vol. 38 nr. 4.
Mottram, S.L.	1997	Dynamic stability of the scapula.	Manual Therapy nr. 2 (3).
O`Brien, S.	1998	The active compression test : A new and effective test for diagnosing labral tears and acromioclavicular joint abnormality.	The American Journal of Sports Medicin. Vol. 26.
Peterson et al	1997	Investigation of the validity and reliability of four objective techniques for measuring forward shoulder posture.	Jospt vol. 25 nr. 1
Simon, R et al	1997	The influence of an anteroposterior accessory glide of the glenohumeral joint on measures of peripheral sympathetic nervous system function in the upper limb.	Manual Therapy Nr. 2 (1) :18 – 23.
Green, S, Buchbinder, R	2003	Physiotherapy interventions for shoulder pain.,	Cochrane Library 2, Update Software, Oxford:
Hess, S.A.	2000	Functional stability of the glenohumeral joint,	Manual Therapy 5(2),63-71
MacDermid JC	1999	Validity of pain and motion indicators recorded on a movement diagram of shoulder lateral rotation.	Australian journal of Physiotherapy vol 45, p269-277
Margarey M.E., Jones M.A	2003	Dynamic evaluation and early management of altered motor control around the shoulder complex	Manual Therapy 8, 195-206
Margerey M.E., Jones M.A.:	2003	Specific evaluation of the function of force couples relevant for stabilzation	Manual Therapy 8, 247-253



of the glenohumeral joint.

Mottram S.L. 1997 Dynamic stability of the scapula. Manual Therapy, 2(3), 123-131

Uddybende litteratur

Waddell, G. 1998 The back pain revolution Churchill Livingstone

Statens institut for Medicinsk Teknologi-Vurdering 1999 Ondt i ryggen Sundhedsstyrelsen

Rationale bag MT konceptet

Blomberg, S. 1993 Doctoral dissertation at Uppsala University from the Department of Family Medicine, University Hospital, S-751 85 Uppsala. ISBN 91-554-3030-9 Issn 0282-7476. Email: stefan.blomberg@allmmed.uu.se

Blomberg, S 2000 A Pragmatic Approach to Low-Back Pain including Manual therapy and Steroid Injections: A Multicentre Study in Primary Health Care. Proceedings of the 7th Scientific Conference of the IFOMT Perth Australia

Bøjsen-Møller, F 1998 Stræk og udspænding i sport og terapi DF 12, 1998

Campello M. og Nordin M. 1996 Fysisk træning og lændesmerter. Nyt om Forskning 2

Dimaggio and Mooney: 1987 Conservative care for low back pain: What works?. The Journal of Musculoskeletal Medicin. September

Magnusson P. 1998 En biomekanisk bedømmelse af udspænding. DF 12

Maitland M.E. and Kawchuk G.N.: Towards the quantification of end-feel for the assessment of passive joint motion. Phys. Ther. Rew; 2; 217-226

Mengshoel A.M. 2001 Skal fysioterapipraksis i fremtida være "evidence-based"? Fysioterapeuten nr. 10 september 2

Mengshoel A.M. 2000 Physiotherapy and the Placebo Effect. Physical Therapy Reviews, 5



Petersen T.	2000	Effekt af træning.	DF Fysioterapeuten 1
Torstenson, TA.	2000	Traditionel fysioterapei dokumenteret effektiv ved nakke og rygproblemer.	FYSIO nr. 1
Wright A	1995	Hypoalgesia post-manupulativ therapy a review of a potential neurophysiological mechanism.	Manual Therapy: nr.1, 11-16
Remvigh,L. m.fl.	2005	Manuelle teknikker.	Munksgaard Danmark.
Wyke, Barry	1981	The Neurology of joints : A review of General principles.	Hasselbacher, P. The Biology of the joint. Chapt. 11. Saunders.
Hardy, M.A.	1989	The biology of scar formation	Physical Therapy Vol. 69 , no. 12
Undersøgelse og behandling			
Cyriax, James	1982	Textbook of Ortopaedic Medicin.	Bailliere Tindall Vol. 1
Skjærbæk, Inger	1995	Rationalet bag ANT.	Danske Fysioterapeuter nr. 1
Maitland, Geoffrey D.	1985	Practical Orthopaedic Medicin.	Butterworth - Heinemann
Ullrich, K	1994	Physiologische Aspekte und Effektivitat unterschiedlicher Dehnmethoden.	Deutsche Zeitschrift fur Sportsmedizin 9 (45): 337-345
Kapandji, I.A.	1993	The Physiology of the joints I.	Churchill Livingstone.
Kapandji, I.A.	1989	The Physiology of the joints II.	Churchill Livingstone.
Kapandji, I.A.	1993	The Physiology of the joints III.	Churchill Livingstone.
Wiliams, P.J. Wendel – Smith	1978	Basic Human Embryology	Pitman Medical, pp. 86 - 93



Wyke, Barry	1981	The Neurology of joints : A review of General principles.	Hasselbacher, P. The Biology of the joint. Chapt. 11.
Palastanga, N. Field, D.	1994	Anatomy and Human Movement	W.B. Saunders.
Simons, David G. Travell, Janet G.	1983	Myofascial Pain and Dysfunction. The Trigger Point Manual. Vol. 1. The upper extremities. Vol. 2 . The lower extremities.	Williams and Wilkins. Vol. 1 and 2.
Hovmand, Bente	1996	Journalføring fra praktiserende fysioterapeut til praktiserende læge	Nyt om forskning. nr.2.
Hovmand, B	1999	Vejledning i den gode epikrise	?
Guldager, A	2003	Glemmer at skrive i journalen	Fysioterapeuten nr. 15
Margarey, Mary E	1985	Selection of passive treatment techniques.	MTTA – Proceedings 4 th Biennial Conference, Brisbane.
Margarey M. E.:	2002	Examination of the cervical and thoracic spine;	In Physical Therapy of the Cervical and Thoracic Spine, Edited by Grant R.,Kap. 7, Churchill Livingstone
Garfin, S.R. et al.	1991	Compressive Neuropathi of spinal nerve roots. A mechanical or biological problem ?	Spine 16 (2).
Treldkeld, J.A.	1992	The Effects of Manual Therapy on Connective Tissue.	Physical Therapy. Vol. 72, Nr. 12
Carstensen, Birte	1994	6 veldefinerede bevægelsesmønstre.	MT – Nyt nr.3
Carstensen, Birte Kleinert, Hans Henrik	1987	Bevægelsesmønstre- og deres betydning.	Danske Fysioterapeuter nr. 4
Chusid, J.G	1991	Correlative Neuroanatomy.	Lange Medicalbook. 21. udg.
Klinisk ræsonnering			
Jones, Mark	1995	Clinical reasoning and pain	Manual Therapy no. 1 17 – 24.



Fleming, Maureen H.		The therapist with the three – track mind	IN ” clinical reasoning ”. kap. 6 Fleming, M.
Smerte			
Brodal, Per	1995	Sentral nervesystemet – Bygning og Funksjon.	Engers Boktrykkeri A/S. 2.udg.
Sluka, K.A.	1996	Pain mechanisms involved in musculo-skeletal disorders.	JOSPT vol. 24.No. 4
Stahlin Troels	1997	Fra akut til kronisk smerte	Videnskab og Praksis 2675-2679
Melzack, Ronald Wall, Patrick D.	1996	The challenge of pain	Penguin Books
Gottrup, Finn	1986	Ny viden om sårhelingsens biologi.	Ugeskrift for læger.Maj.
Evans, Philip	1980	The healing process at cellular level. A review.	Physiotherapy nr. 8.
Bunkan, Berit Heir	1991	Fysioterapeutiske metoder i smertebehandling.	Fysioterapeuten nr. 15.
Gifford, Louis	2000	Topical Issues in Pain 2, 3 og 4	CNS Press
Lundborg, Gøran	1992	The pathophysiology of nerve compression.	Hand Clinics 8 (2).
Loeser, John	1985	Pain due to nerve injury.	Spine 10 (3).
Hasue, M.	1994	Pain and the nerveroot. An interdisciplinary approach.	Spine 18 : 2053 – 2058
Graven-Nielsen, Thomas	1998	Muskelsmerte – en eksperimentel muskelsmertes indflydelse på muskelfunktionen.	Dansk Sportsmedicin nr. 3 2. årg.
Butler, David Gifford, Louis	1998	Integrering av smertevitenskap i klinisk praksis.	Fysioterapeuten nr. 9.
Thule, Louise	1998	Fysioterapi til smerte – behandling af smerte i bevægeapparatet.	Dansk Sportsmedicin nr. 3
Graven-Nielsen, Thomas	1998	Muskelsmerte – en eksperimentel muskelsmertes indflydelse på muskelfunktionen.	Dansk Sportsmedicin nr. 3 2. årg.



Wall, Patrick D.	2000	Pain. The science of Suffering.	Columbia University Press
Garfin, SR	1991	Compressive Neuropathi of Spinal nerve Roots.	Spine; 16(2).
Arendt-Nielsen, L.	1996	A mechanical or Biological Problem Smerter.	Månedsskrift for praktisk lægegerning. Særtryk : Smerter en almen medicinsk oversigt.
Skjærbæk, I	2000	Den embryologiske udviklings betydning for tolkning af meddelt smerte.	MT-Nyt 3
	1994	The autonomic nervous system in vertebral pain syndromes	Greg. Grieve: Modern Manual Therapy, 2. udgave

Træning

Hodges, P. W. & Moseley, G. L.	2003	"Pain and motor control of the lumbopelvic region: effect and possible mechanisms"	<i>J Electromyogr Kinesiol</i> , vol. 13, no. 4, pp. 361-370
McGill, S. M., Grenier, S., Kavcic, N., & Cholewicki, J	2003	"Coordination of muscle activity to assure stability of the lumbar spine"	<i>J Electromyogr. Kinesiol.</i> , vol. 13, no. 4, pp. 353-359
Comerford, Mottram	2001	Functional Stability Training	Manual Therapy vol.6, nr 1
Comerford, Mottram	2001	Movement and Stability Dysfunction	Manual Therapy vol.6, nr 1

Columna lumbalis

Twomey, Lance et	2002	Physical Therapy of the Low Back.	Churchill Livingstone
McKenzie, Robin A.	1989	The Lumbar Spine. Mechanical diagnosis and Therapy.	Wright and Carman. 1. Udg.



Manniche, C. m.fl.		Klinisk reumatologi	
Sahrmann S.A.	2002.	Diagnosis and treatment of movement impairment disorders.	Mosby.
Laslett, Mark Van Wijmen, Paula	1999	Low Back and referred pain : diagnosis and a proposed new system of Classification.	New Zealand Journal of Physiotherapy. August s.. 5 – 14.
Donnelson, R et al	1997	A prospective study of centralisation of Lumbar and referred pain.	Spine ; 10 : s 1115 – 1122
Revel, M et al	1998	Capacity of the clinical picture to characterize low back pain relieved by facet joint anesthesia. Proposed criteria to identify patients with painful facet joints.	Spine ; 18 : s. 1972 - 1977
Maigne, R	1986	Lave lændesmerter, der stammer fra den thoraco-lumbale overgang (TLO).	Danske Fysioterapeuter nr. 17.
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