

LITTERATURLISTE TIL MUSKULOSKELTAL FYSIOTERAPI

Maitland, G. : ”Vertebral Manipulation”. 8. Udgave 2014. Elsevier.

Maitland, G. : ”Peripheral Manipulation”. 5. Udgave 2014. Elsevier.

Boyling & Jull: ”Grievess Modern Musculoskeletal Physiotherapy 4. Udgave 2015 Elsevier.

Jones & Rivett: “Clinical Reasoning for Manual Therapist”. 2004. Butterworth Heinemann.

Grant. R.: “Physical Therapy of the Cervical and Thoracic Spine”. 3 udgave.

Hartman, L. : “Handbook of Osteopathic Technique”. 3. Udgave. 2001. Nelson Thornes.

Jull. G: “Whiplash, Headache and Neck Pain” 1. Udgave. (2008)

Donatelli :”Physical Therapy of the Shoulder”. 5. Udgave

Lederman, E.: ”The science and Practice of Manual Therapy”. 2. Udgave. 2005.Elsevier.

Adams, M.:”The biomechanics of back pain”.2. udgave. 2006. Churchill Livingstone.

Umbregt, L.:” A system of Orthopaedic Medicine” 3. udgave 2013. Churhill Livingstone.

Mosely, L. & Butler, D.:” Explain Pain”. 1. Udgave. 2008. Noigroup Publications.

Rollnick, S., Miller, W. & Butler, C.: "Motivationssamtalen i sundhedssektoren". 1. udgave. 2009 Hans Reitzels forlag.

Jensen, T.S.: Smerter – en lærebog. FADLs Forlag. 2 Udg.

Dahl & Lundgren : "ACT – slip smerterne". Dansk Psykologisk Forlag.

Goodman, C. & Snyder, T. : "Differential Daignosis for Physiothreapists, Screening for Referral". Elsevier Feb 2006.

Greenhalg, S. : "Red Flag : A Guide to Identifying Serious Pathology of the Spine". Elsevier. Feb 2006.

Lee, D.: "The Pelvic Girdle". 5. Udgave. 2015. Churchill Livingsgtone.

På de følgende sider ses, hvorledes litteraturen fordeler sig på de enkelte kurser.

Udover de angivne bøger vil der til de enkelte kurser også udleveres artikler, og ønskes fordybning i et eller flere emner anbefales det, at se på kildehenvisning til de enkelte teoretiske oplæg, som undervisningen tager udgangspunkt i.

Litteraturlisten opdateres løbende.

Nedre Kvadrant 1

Rationale & klinisk ræsonnering

Maitland, G.: "Vertebral Manipulation". 8 Udgave. 2014. Elsevier.

Kap.1: assessment, examination and treatment

Kap.2 : clinical reasoning

Kap.3 : communication and the therapeutic relationship

Appendix 1: movement diagram theory

Boyling & Jull: "Grievess Modern Musculoskeletal Physiotherapy". Elsevier 2015 34. Udg.

Kap.26: Shirley : clinical reasoning and models for clinical management

Jones & Rivett: "Clinical Reasoning for Manual Therapist". 2004. Butterworth Heinemann.

Kap.1: Principal of Clinical Reasoning in Manuel Therapy".

Kap.5 : "A Chrinic Case of Mechanic's Elbow".

Ris, I, Dalsgaard, KD & Knudsen, H. 2009: "Fra tanker til handling". Fysioterapeuten nr. 11

Lumbal columna

Adams, M. : "The Biomechanics of Back Pain". 2006. 2. Udgave. Elsevier.

Kap. 5 : "Back Pain"

Kap. 6 : "Epidemiology of Back Trouble".

Maitland, GD. Et al. 2014 . Maitlands Vertebral Manipuation. Elsevier 8. Udg.

Kap. 6 Lumbar spine disorders

Boyling & Jull : “Grievess Modern Musculosceletal Physiotherapy”. Elsevier 2015 4.Udg.

Kap.9.2: lumbar spine

Kap.45.1 : The McKenzie Method of MDT

Pelvis

Lee, D.: “The pelvic Girdle”. 5. Udgave. 2015. Churchill Livingsitone.

Kap 4, 5 og 8.

Maitland, G.: “Vertebral Manipulation”. 7. Udgave. Elsevier.

Kap.7 : sacroiliac and pelvic disorders

UE

Maitland, G.: “Peripheral manipulation”. Butterworth Heinemann, 5. Udg.

Kap. 7 : Management of the Hip

Kap. 8 : Management of the Knee

Kap.9 : Management of the Foot

Grievess Modern Musculosceletal Physiotherapy Elsevier 2015 4.udg. :

Kap. 32.3 : The Lower Limb

Smerter

Jensen, T.S.: Smerter – en lærebog. FADLs Forlag. 2 Udg.

Kap.2: smertefysiologi

Øvre Kvadrant 1

Cervical Columna

Grant. R.: “Physical Therapy of the Cervical and Thoracic Spine”. 3 udgave.

Kap. 2: biomechanics of the cervical spine.

Kap. 4: innervation and pain patterns of the cervical spine.

Kap. 18: Mechanical Diagnosis and Therapy for the cervical and Thoracic spine.

Grieves: “Modern Musculoskeletal Physiotherapy 4. udgave. 2015 Elsevier.

Kap. 9.1 : functional anatomy

Kap. 12 : ageing and the musculoskeletal system

Kap 35.3 : pre-manipulative screening

Kap. 41 : Idiopathic neck pain

Maitland G,” Vertebral Manipulation”, 8. Udgave, Butterworth Heinemann.

Kap.4 : cervical spine disorders

Jull. G: “Whiplash, Headache and Neck Pain” 1. Udgave. (2008)

Kap. 3: Structure and function of the cervical region

Kap. 12: Clinical Assessment: Physical Examination of the cervical region.

Umbregt, L. "A System of Ortopaedic Medicine". 3. udgave. Churchill Livingstone

Section 1 : Generel Principles

Section 2 : cervical Spine

Thoracal Columna

Grant. R.: "Physical Therapy of the Cervical and Thoracic Spine". 3. Udgave.

Kap. : biomechanics of the thorax.

kap. 5: innervations and pain patterns of the thoracic spine.

Kap. 7: Examination of the cervical and thoracic spine.

Boyling & Jull : "Grievess Modern Musculoskeletal Physiotherapy the Vertebral Ccolumn".
4.udgave 2015 elsevier.

Kap. 44 : the thoracic spine

Maitland G," Vertebral Manipulation", 8. Udgave. Butterworth Heinemann.

Kap.5 : thoracic spine disorders

Hartman, L. : "Handbook of Osteopathic Technique". 3. Udgave. 2001. Nelson Thornes.

Kap. 17: techniques for the thoracic spine

Kap. 18: techniques for the thoracic cage and ribs

Kap. 19: techniques for the scapula-thoracic area

Kap. 20: techniques for the cervice-thoracic junction

Umbregt, L. : A System of Ortopaedic Medicine. 3. Udgave. Churchill Livingstone

Section 8 : Thoracic Spine

Valg af teknikker & klinisk ræsonnering

MF Arbejdskompendium

Maitland; G.:” Vertebral Manipulation”, 8. Udgave. Butterworth Heinemann,

Kap.1 : assessment, examination and treatment

Kap 2. : clinical reasoning

Maitland, G.: “Peripheral Manipulation “.5. Udgave.

Kap. 1: the Maitland concept as a clinical practice framework for neuromuskuloskeletal disorders

Kap. 2 : evidence-based practice and the movement sciences

Grant R,” Physical Therapy of the Cervical and Thoracic Spine”, Third Edition, Churchill Livingstone,

Kap. 6: Clinical Reasoning in orthopedic Manual therapy.

Boyling & Jull: “Grieve’s Modern Manual Therapy – the Vertebral Column”, Churchill Livingstone 1986 1. edition

M.E. Magarey=The first treatment session

Boyling & Jull, “Grives Modern Manual Therapy” 3. Udgave. 2004. Churchill Livingstone.

Kap. 27: Clinical reasoning in the diagnosis and management of the spinal pain.

Svimmelhed

Boyling & Jull: "Grives Modern Manual Therapy". 3.udgave. 2004 Churchill Livingstone.

Kap 17: cervical vertigo

Jull et al: "Whiplash, Headache and Neck Pain". 1. Udgave. (2008).

Kap 5: the cervical spine and sensorimotor control

Kap 6: disturbances in postural stability, head and eye movement control in cervical disorders

Sikkerhedstests

Boyling & Jull: "Grives Modern Manual Therapy". 3. Udgave. 2004. Churchill Livingstone.

Kap.19: Rivett, the vertebral artery and VBI

Kap 37: Rivett, Adverse effects of cervical manipulative Therapy

DFFMF Rapport + Folder 2007: <http://www.muskuloskeletal.dk/Fag--Forskning/Kvalitetsudviklings-projektet/Cervikale-sikkerhedstest---nye-anbefalinger/>

Skulder

Maitland, G.: "Peripheral Manipulation". 5. Udgave.

Kap.4 : Management of the Shoulder

Donatelli : "Physical Therapy of the Shoulder". 5. Udgave

Part 1-4

Umbregt, L. : A Systeme of Ortopaedic Medicine.3 udgave. Churchill Livingstone.

Section 3 : The Shoulder

Section 4 : The Shuoldergirdle

Nedre Kvadrant 2

Rationale

Maitland, G.: "Peripheral Manipulation". 5. Udgave. Elsevier.

Kap. 2 : Evidence-based Practice and the Movement Sciences

Lederman, E.: "The science and Practice of Manual Therapy". 2. Udgave. 2005.Elsevier.

Kap. 2 – 19

Hartman, L.: "Handbook of Osteopathic Techniques". Nelson Thornes. 3. Udg. 2007

Kap.3: diagnosis

Kap.4: classification of osteopathic techniques

Kap.5: contraindications and precautions

Kap.7: modifying factors in technique

Kap.8: handling

Kap.9: operator posture and stance

Kap.10: applied technique

Kap.11: principles of locking

Lumbal columna

Grieves Modern Musculoskeletal Physiotherapy 4. Udgave 2015 elsevier

Kap.12: ageing and the musculoskeletal system

Kap. 32.2 : sensorimotor control of lumbar spine alignment

Kap. 45.2 : Multidimensional Approach

Adams, M.: "The biomechanics of back pain". 2. udgave. 2006. Churchill Livingstone.

Kap. 10 : "mechanical Function of the Thoracolumbar Spine"

Kap. 11 : "Mechanical Damage to the Thoracolumbar Spine"

Kap. 18 : "Biomechanical Rationale for Spinal Surgery"

Pelvis

Grieves Modern Musculoskeletal Physiotherapy 4. Udgave 2015 elsevier

Kap. 46.1 : a person centered biopsychosocial approach

Kap 46.2 : The Pelvic girdle

UE

Grieves Modern manual Musculoskeletal Physiotherapy 4. Udgave 2015 Elsevier

Kap. 47 : Hip related pain

Kap.48. 1+2+3 : the knee

Maitland, G.: "Peripheral Manipulation" 4. Udgave.

Kap. 7 hofte

Kap 8. Knæ

Kap.9 fod

Øvre Kvadrant 2

Cervical columna, whiplash & hovedpine

Boyling & Jull : “Grives Modern Musculoskeletal Physiotherapy”. 4.udgave. 2015 Elsevier

Kap 29: Spinal manipulation

Kap 42 : whiplash Associated Disorders

Kap. 43 : TMJ

Jull et al.: “Whiplash, Headache and Neck Pain. 1. Udgave. (2008).

Kap.4: alternations in cervical muscle function in the neck pain.

Kap. 8: whiplash associated disorders

Kap. 9: cervicogenic headache: differential diagnosis

Kap. 13: principles of management of cervical disorders

Grant R: ”Physical Therapy of the Cervical and Thoracic Spine”. 3. Udgave. Churchill Livingstone.

Kap. 14: Trott, management of selected cervical syndromes.

Jones & Rivett: “Clinical Reasoning for Manual Therapists”. 2004.

Kap 9: Jull: headache in a mature athlete

Kap 15: Pettman: craniovertebral dysfunction following a motor vehicle accident

Hartman, L.: “Handbook of Osteopathic Techniques”. 3. Udgave. 2001. Nelson Thornes.

Kap. 20: techniques for the cervico-thoracic junction

Kap.21: techniques for the cervical area

Kap.22: techniques for the occipital area

Thoracal columna

Boyling & Jull :” Grievess Modern Musculoskeletal Physiotherapy”. 4. Udgave. 2004. elsevier

Kap. 44 : thoracic spine

Maitland, G. :” Vertebral Manipulation”. 7. Udgave . Butterworth Heinemann.

Kap. 11:thoracic spine

Hartman, L.:” Handbook of Osteopathic Techniques”. 3. Udgave. 2001. Nelson Thornes.

Kap. 17: techniques for the thoracic spine

Kap. 18: techniques for the thoracic cage and ribs

Kap. 19: techniques for the scapulo-thoracic area

Klinisk ræsonnering & teori

Boyling & Jull : “Grievess Modern Manual Therapy”. 3. Udgave. 2004. Churchill Livingstone.

Kap.38: Watson, managing chronic pain

Jull et al.: “Whiplash Headache and Neck Pain”. 1. Udgave. (2008).

Kap. 7: psychological and psychosocial factors in neck pain

Grant, R.: ”Physical Therapy of the Cervical and Thoracic Spine. 3.Udgave. Churchill Livingstone.

Kap. 15: Slater, sympathetic nervous system and pain: a re-appraisal.

Temporomandibularleddet

Umbregt. L: ”A system of orthopaedic Medicine”. 3 udgave. Churchill Livingstone.

Section 9: the temporomandibular joint.

MF Arbejdskompendiet:

Maitland, G.: ”Peripheral Manipulation” 5. Udgave.

Kap. 3 kæbe

Albue

Grievess Modern Musculoskeletal Physiotherapy 4. Udgave 2015 Elsevier

Kap. 51 : elbow

Maitland, G.: ” Peripheral Manipulation”. 5. Udgave.

Kap.5 albue

Umbregt, L.:” A system of Orthopaedic Medicine” 3. udgave Churchill Livingstone

Section 5: the elbow

Hartman, L.: ”Handbook of Osteopathic Techniques”. 3. Udgave. 2001. Nelson Thornes.

Kap. 26: techniques for the elbow area

MF Arbejdskompendiet:

Hånd

Grievess Modern Musculoskeletal Physiotherapy 4. Udgave 2015 Elsevier

Kap. 52 : Wrist/hand

Maitland, G.: "Peripheral Manipulation" 5. Udgave.

Kap.6 hånd

Hartman, L.: "Handbook of Osteopathic Techniques". 3. Udgave. 2001. Nelson Thornes.

Kap. 27: techniques for the forearm area

Kap. 28: techniques for the wrist and hand

Umbrecht L.: "A system of Orthopaedic Medicine". 3. Udgave. 2013. ChurchillLivingstone

Section 6: the wrist, thumb and hand

MF Arbejdskompendiet:

TRIN 3 A+B

NDU 1

Butler, D.: “The Sensitive Nervous System”.

Jensen, T.S.: Smerter – en lærebog. FADLs Forlag. 2 Udg.

Kap.2: smertefysiologi

Boyling & Jull : “Grives Modern Manual Therapy”. 3.udgave. 2004. Churhill Livingstone.

Kap.29 : management of the mechanosensitivity of the nervous system in spinal pain syndromes.

Butler, D. & Nee, R.: “Management of peripheral Pain : Integrating Neurobiology, Neurodynamics and Clinical Evidence”. Physical Therapy in Sports 7 (2006).

NDU 2

Mosely, L. & Butler, D.:” Explain Pain”. 1. Udgave. 2008. Noigroup Publications.

Section 1-6 = hele bogen

Butler, D.: “The Sensitive Nervous System”

SUP 1

DFFMF Rapport + Folder 2007: <http://www.muskuloskeletal.dk/Fag--Forskning/Kvalitetsudviklings-projektet/Cervikale-sikkerhedstest---nye-anbefalinger/>

Jones & Rivett: "Clinical Reasoning for Manual Therapist". 2004. Butterworth Heinemann.

Kap.1:

Kap.3:

Kap.14:

Kap.19:

Kap.23:

SUP 2

SUP 3

Mosely, L. & Butler, D.: "Explain Pain". 1. Udgave. 2008. Noigroup Publications.

Section 1-6 = hele bogen

Rollnick, S., Miller, W. & Butler, C.: "Motivationssamtalen i sundhedssektoren". 1. udgave. 2009
Hans Reitzels forlag.

Del 1, 2, og 3 = hele bogen

Dahl & Lundgren : "ACT – slip smerterne". Dansk Psykologisk Forlag.

Hele bogen

DIFFERENTIALDIAGNOSTIK

Goodman, C. & Snyder, T. : "Differential Daignosis for Physiothreapists, Screening for Referral".
Elsevier Feb 2006.

Greenhalg, S. : "Red Flag : A Guide to Identifying Serious Pathology of the Spine". Elsevier. Feb
2006.